

HOW TO SET LIGHTS

Pellekan II e13p4 [Film and share life-change e13]

Paulus Hieber

scripts@filmandshare.life

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This episode contains three blocks, written to be extracted as individual clips for a training course on YouTube and other social media platforms. Every individual clip starts with a "Hook" mentioned in this script.

YouTube thumbnail for 7-minute episode: Picture: Medium shot of three hosts in set or recording location. Text: "How to set lights". Smaller text: "Film and share life-change > episode 13". Text has priority.

FADE IN:

1. INT. LIVING ROOM - DAY

Topic: >>Set up 3-point-lighting<<

YouTube thumbnail: Picture: Adeel with expression questioning like "what" showing three fingers. 3-point-lighting drawing on paper. Text: "Set up 3-point-lighting". Smaller text: "Film and share life-change > video 37".

Hook: ADEEL, with expression questioning showing three fingers. Drawing three lights on paper.

ADEEL

(to camera, to viewer)  
3-point-lighting? How does this work? Great that my friend Tarik can help me. He also helps you.

TARIK

(to camera, to viewer)  
Adeel is right. I love to help you. And so does our friend Chessy. Welcome to this video. We show YOU how to film and share your life-changing story. Let's dive in. Make lighting easy and:

2. INTRO - ANIMATION

Graphic animation with music and text: "Set up 3-point-lighting". Possibly animation of YouTube thumbnail.

NARRATOR

Set up 3-point-lighting.

3. INT. LIVING ROOM - DAY

Adeel, the testifier, his friends Chessy and Tarik sitting at a tea table. Tarik with tablet.

TARIK  
(to camera, to viewer)  
3-point-lighting is the basic  
lighting technique.  
In the big studios the  
professionals have a lot of lights.

Tarik shows a picture of a studio ceiling with lots of lights on his phone or tablet.

ADEEL  
Wow.

TARIK  
We use what we have. Anyway, we  
only need three lights for the 3-  
point-lighting. Look at this video.

Tarik starts video clip from his tablet.

#### 4. INSERT - ABOUT 3-POINT-LIGHTING

Pictures, graphics and text according to narration.  
Demonstrate on a real person and show results.

NARRATOR  
A basic lighting method is the 3-  
point-lighting. This portrait is  
nicely lit. Lights come from three  
points. So we need three lights.  
The main light is called "Key  
light". It's placed about 45 degree  
from the side and about 45 degree  
from the top.  
The second light is called "Fill  
light". It's on the opposite side  
of the key light and fills the  
darker part of the face. It gives  
only a bit light to the face to  
brighten the shadows.  
Already looking good. And you also  
can move it around until you like  
the lighting. One light is missing:  
The "Back light". As the name says  
it's from the back. It creates a  
rim on the person. That's why some  
people call it rim light or hair  
light. It separates the person from  
the background. When we move the  
back light to the side then we get  
a rim from the side. Also looking  
nice.

5. INT. LIVING ROOM - DAY

Tarik sitting with Adeel and Chessy at a tea table. Tarik with tablet.

ADEEL

Okay. Which side of the face should be brighter?

Pictures of real person as B-roll from Tarik's tablet.

TARIK (OFF SCREEN)

If the person is looking straight to the camera, then it doesn't matter. If the person is looking off camera, then the brighter side is off the camera. The darker side is towards the camera. And you can add a rim in the darker part of the face.

ADEEL

But our viewers do not have professional lights.

TARIK

(to camera, to viewer)  
Well, there is good news. Even with normal lights you can light a person nicely.

ADEEL (OFF SCREEN)

How?

TARIK

(to camera, to viewer)  
We will light Adeel for his testimony with ordinary household lights.

6. INT. LIVING ROOM - DAY

>>Outro for Social Media<<

Call to action (CTA) displayed graphically and with keywords. "Film and share life-change" and other keywords are displayed when mentioned. Person talking is visible all the time.

TARIK (CONT'D)

(to camera, to viewer)  
Lighting is actually a very big topic.

CHESSY

(to camera, to viewer)

Please, do an online search on lighting. The keywords are: "Film lighting" and "3-point-lighting". If you want, you can dive deep into the topic of lighting.

TARIK

(to camera, to viewer)

Please don't be jealous about the nice professional lights you may see in the videos. We show you how you can light a person with household lights.

CHESSY

(to camera, to viewer)

For the next video please collect the lights you find in your house.

ADEEL

(to camera, to viewer)

Also ask your friends to borrow some of their lights.

CHESSY

(to camera, to viewer)

Please send us a picture of the lights you collected. Turn the lights on so we can see what kind of lights you found. If you have any question, please search and find us in connection with "Film and share life-change". We'd love to get in contact with you. Thank you and see you.

ALL

(to camera, to viewer)

Bye bye.

Short graphical credits and contact details. No fade to black. Consider an extra export with 20 seconds end screen time for YouTube.

7. INT. LIVING ROOM - DAY

>>Outro for 7-minute episode (broadcast and YouTube)<<

TARIK (CONT'D)

(to camera, to viewer)

Just stay tuned.

ALL

(to camera, to viewer)

See you.

8. **BRIDGE - ANIMATION**

**Short graphic animation (without text) as a fade or whoosh with music or sound effect to bridge to next topic.**

9. INT. LIVING ROOM - DAY

Topic: >>Light with ordinary lights<<

YouTube thumbnail: Picture: Chessy with expression like "that's it!" pointing to a lot of lights. Text: "Light with ordinary lights". Smaller text: "Film and share life-change > video 38".

Hook: CHESSY pointing to a lot of household lights.

CHESSY

(to camera, to viewer)

3-point-lighting with ordinary lights? It works. Welcome. My name is Chessy.

Together with my friends Adeel and Tarik we guide YOU to film and share your life-changing story. Use what you have and:

10. INTRO - ANIMATION

Graphic animation with music and text: "Light with ordinary lights". Possibly animation of YouTube thumbnail.

NARRATOR

Light with ordinary lights.

11. INT. LIVING ROOM - DAY

Adeel, Chessy and Tarik sitting at a tea table. Tarik with tablet. A lot of lights standing around. Action according to text.

CHESSY

That's what we found. We collected even lights from our friends.

TARIK

I'm impressed with how many lights we found. Guys, well done. Let's turn them on.

TARIK

(to camera, to viewer)

If you have fewer, don't worry. It's also a matter of light quality.

TARIK (CONT'D)

You already can see they have different light colours. We call it colour temperature from warm this one to cold colour temperature here.

TARIK (CONT'D)

(to camera, to viewer)

It's best you use lights with only one colour temperature. If you can, choose warm.

ADEEL

But the camera will adjust to the colour automatically, right?

TARIK

Yes, when the white balance setting is on automatic. Let's just check with the Open Camera app.

CHESSY

I will check with my iPhone and the Blackmagic Camera App.

Both screens visible in full screen. Probably vertical. Action according to text.

TARIK (OFF SCREEN)

That's what "Auto" is doing. We have different colours: Warm and cool. We see that in the picture. Let's go to "Manual". On Open Camera you find that under the three dots, then "White balance..." and then you have the options. Immediately you can see the changes on the screen. There is even a slider to set the white balance manually.

TARIK (CONT'D)

(to camera, to viewer)

You can play with it yourself. The best is to use only one type of colour temperature. Like this...

Camera pointed to the lights. Lights have different colour temperatures. Tarik snaps his fingers and only warm lights are left [others are switched off]. Phone screens of Open Camera and the Blackmagic Camera App visible. Tarik goes through the app settings.

TARIK (OFF SCREEN, CONT'D)

On the Open Camera app you can be on auto white balance and then lock the colour temperature setting - if this button with the lock and WB [lock WB] is visible. You can make it visible in the settings, "On screen GUI... ", "Show auto white balance lock icon". Also make sure "Show auto exposure lock icon" is on.

It's also a good idea to lock exposure with this [lock -/+ ] button. We spoke about the camera settings in previous videos.

TARIK (CONT'D)

No matter where you move the phone to, it will not change the settings. That's what you want.

CHESSY

Thank you, Tarik.

## 12. INT. LIVING ROOM - DAY

>>Outro for Social Media<<

Call to action (CTA) displayed graphically and with keywords. "Film and share life-change" and other keywords are displayed when mentioned. Person talking is visible all the time.

CHESSY (CONT'D)

I think it's time to say...

CHESSY

(to camera, to viewer)

...good bye.

For now sort out your lights and keep the ones you want to use for your testimony recording. Keep at least three lights and a few more to light your set. We will talk about lighting a set in a later video.

If you have any question or comment, please find us in connection with "Film and share life-change". It's a joy for us to connect with you.

TARIK

(to camera, to viewer)

Let's look at one more lighting option in the next video. That is: Natural light.

ALL  
(to camera, to viewer)  
Bye bye.

Short graphical credits and contact details. No fade to black. Consider an extra export with 20 seconds end screen time for YouTube.

13. INT. LIVING ROOM - DAY

>>Outro for 7-minute episode (broadcast and YouTube)<<

TARIK  
You are welcome.  
In the next video we look at one  
more lighting option. That is:  
Natural light.

ALL  
(to camera, to viewer)  
See you.

14. **BRIDGE - ANIMATION**

**Short graphic animation (without text) as a fade or whoosh with music or sound effect to bridge to next topic.**

15. INT. WINDOW RECORDING LOCATION - DAY

Topic: >>Light with natural light<<

YouTube thumbnail: Picture: Chessy with expression like "it's coming" looking to camera screen. Also reflector visible.  
Text: "Light with natural light". Smaller text: "Film and share life-change > video 39".

Hook: Chessy opens a professional reflector. Blinding the camera with reflected sun light. In window recording location.

CHESSY  
(to camera, to viewer)  
Hello and welcome. We are in a  
different location because of...  
natural light. The sun is a great  
source of light for lighting a  
person. With a reflector it looks  
amazing. My friend Tarik will prove  
that on my other friend Adeel.  
Check out how to:

## 16. INTRO - ANIMATION

Graphic animation with music and text: "Light with natural light". Possibly animation of YouTube thumbnail.

NARRATOR

Light with natural light.

## 17. INT. WINDOW RECORDING LOCATION - DAY

Adeel sitting on chair. Phone camera is already set up. The window illuminates the face about 45 degree from the side. Chessy and Tarik around. Tarik with tablet. Action according to spoken text. Tarik adjusts the phone camera. Picture also side by side or full screen.

CHESSY

The side to the window is great,  
the other side is too dark. Do we  
need a light?

TARIK

Well. We need a reflector. Chessy,  
can you ask for kitchen aluminium  
foil?

CHESSY

Of course.

Chessy brings a roll of kitchen aluminium foil.

TARIK

Now I need something to put the  
foil around. A hula hoop ring would  
be best. Or any board.

CHESSY

Oh, wait a second. My neighbours'  
kids have a hula hoop ring. I can  
ask if I can borrow it.

ADEEL

And I may find something else.

Adeel and Chessy go to get the items.

TARIK

(to camera, to viewer)  
Actually, natural light is a great  
light source. Best is when the  
sunbeam is not directly shining  
through the window. The result is a  
soft light. That looks nice on a  
face.

Adeel and Chessy bring Styrofoam board and hula hoop ring.  
Chessy tries out the hula hoop ring.

ADEEL

Bravo, brave. Still in good shape  
OR Great try. [Text depending to  
Chessy's performance.]

CHESSY

Thank you, Adeel.

TARIK

(to camera, to viewer)  
This is how you can make a  
reflector yourself.

Tarik starts video clip from his tablet.

18. INSERT - MAKING A DIY REFLECTOR

Hosts or two to three other people make two reflectors with silver kitchen foil and glue tape. (1) with hula hoop ring, (2) on one side of the Styrofoam board. Keep one side of Styrofoam board white. Fast forward.

19. INT. WINDOW RECORDING LOCATION - DAY

Back to actual recording location. Tarik moving DIY reflector to give light to Adeel. Dual screen with camera picture. Call to action (CTA) displayed graphically and with keywords.

TARIK

This is what it looks like with  
reflector and this is without  
reflector.

CHESSY

Yes, it makes a difference.

TARIK

And we can change the camera  
position and even the position of  
our talent. Then we get a different  
look. With a second window or  
another reflector you can even  
create a 3-point-lighting.

TARIK (CONT'D)

(to camera, to viewer)  
You can film the person giving the  
testimony in this way.  
The other option is to use lights.  
It's totally your decision.  
We will only use household lights  
to record Adeel's testimony.

CHESSY

Anyway, it's good to have a  
reflector, right?

TARIK

You are right.

TARIK (CONT'D)

(to camera, to viewer)

I encourage you to make one yourself. Watch some videos online. The keyword is: "DIY reflector". The other search you can do is on: "Lighting with natural light".

20. INT. WINDOW RECORDING LOCATION - DAY

>>Outro for Social Media<<

Call to action (CTA) displayed graphically and with keywords. "Film and share life-change" is displayed when mentioned. Person talking is visible all the time.

ADEEL

(to camera, to viewer)

As always: If you have any question or comment, please find us in connection with "Film and share life-change". Contact us. We are more than happy to support YOU to film and share your life-changing story.

ALL

(to camera, to viewer)

Bye bye.

Short graphical credits and contact details. No fade to black. Consider an extra export with 20 seconds end screen time for YouTube.

21. INT. WINDOW RECORDING LOCATION - DAY

>>Outro for 7-minute episode (broadcast and YouTube)<<

Call to action (CTA) displayed graphically and with keywords. "Film and share life-change" and other keywords are displayed when mentioned. Person talking is visible all the time.

CHESSY

(to camera, to viewer)

Please, do an online search on lighting. The keywords are: "Film lighting" and "3-point-lighting".

TARIK

(to camera, to viewer)

Please don't be jealous about the nice professional lights you may see in the videos. You don't need them. We show you how you can light a person with household lights.

CHESSY

(to camera, to viewer)

Please collect the lights you find in your house.

ADEEL

(to camera, to viewer)

Also ask your friends to borrow some of their lights.

TARIK

(to camera, to viewer)

Sort out your lights and keep the ones you want to use for your testimony recording. Keep at least three lights with the same colour temperature. Keep also a few more lights to light your set. We will talk about lighting a set in a later video.

CHESSY

(to camera, to viewer)

Please take and send us a picture of the lights you collected. Turn the lights on so we can see what kind of lights you found.

ADEEL

(to camera, to viewer)

If you have any question or comment, please find us in connection with "Film and share life-change". It's a joy for us to guide YOU to film and share your life-changing story.

ALL

(to camera, to viewer)

Bye bye.

Graphical credits and contact details with behind-the-scenes footage and music. Fit time to seven minutes. Consider an extra export with 20 seconds end screen time for YouTube.

FADE OUT: